



## Summer 14er ascent (Rumdoodle Ridge).

The gear on this list is required. If you have any questions about this list or the gear on it, please contact our office or your guide for advice. [Mountain Chalet](#) or [Mountain Equipment Recycler](#) here in Colorado Springs are great resources for knowledge and product selection. PPAS also rents most gear (not clothing) on this list.

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### Climbing gear:

\*Climbing helmet.

\*Climbing harness.

\*Climbing shoes.

\*Belay device.

\*Included, but please bring your gear if you own them.

### Footwear:

Lightweight hiking boot or approach shoe with sticky rubber for more technical routes.

Wool or synthetic socks. No cotton.

Liner sock. This is a personal preference, not required.

### Clothing (all to be wool or synthetic):

Base Layer, short sleeve and long sleeve top.

Hiking Pants, convertible pants ok but no shorts. Lightweight softshell pants are preferred for wind and water resistant & versatility.

Insulation Layer, top. Softshell again is recommended here. Fleece is ok but have no wind protection, so softshell is preferred.

Waterproof rain gear. Hardshell Jacket with hood. Hardshell Pants with full side zip so they can be put on without taking boots off.

### Headwear:

Synthetic or wool hat (beanie)

Buff or neck gaiter. I highly recommend buffs for their versatility.

Ball Cap or Visor, sun protection for your face.

Sunglasses with dark lens' and wraparound sun and wind protection.

### Handwear:

Liner glove

Softshell glove, water and wind resistant.

### Other gear:

25-35L Backpack, make sure your gear fits in pack prior to course day.

(2)1L waterbottle, leakproof bottle like Nalgene works best. Bladders ok, but make sure there are no leaks. Leaks will shut down a trip.

Headlamp

Small first aid kit with personal meds, bandages and blister bandages (Blisto-Ban). Don't bring mole-skin unless you already use it.

Sunscreen, 30SPF minimum

Lipscreen

Camera

Snacks, about 1300 calories per day. Sandwich, candy bars, and trailmix work well, bring what tastes good to you.

Spare door and ignition key, for groups carpooling.