

Sport Climbing Gear List

The gear on this list is <u>required</u>. If you have any questions about this list or the gear on it, please contact our office or your guide for advice. <u>Mountain Chalet</u> here in Colorado Springs is a great resource for knowledge and product selection. PPAS also rents most gear (not clothing) on this list.

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Climbing gear:

- Climbing helmet.
- Climbing harness.
- __Climbing shoes. Comfortable all day rock shoes.
- ___Belay device, ATC or similar and bring a Gri Gri if you have one.
- __6-10 Quick draws (optional)
- __5 locking and 6 non-locking carabiners.
- 20' cordelettes, 6mm
- ___Nylon slings (2) 60cm, (2) 120cm.
- ___PAS Personal Anchor System. Not a daisy chain. (PAS is optional)

Footwear:

___Approach Shoes

Clothing:

- __Pants, or shorts. Check the weather. I prefer light pants over shorts for rock climbing.
- __Insulation layer (top), an extra layer for cool mornings or adverse weather.
- __Rain jacket.

Headwear:

- Ball Cap or Visor, sun protection for your face.
- __Sunglasses with wraparound sun and wind protection.
- __Buff (optional). I recommend buffs for their versatility year-round.

Handwear:

___Belay glove w/ or w/o fingers (optional but nice)

Other gear:

- __25-35L Backpack, make sure your gear fits in pack prior to course day.
- __(2-3) 1L water bottles leak-proof bottle like Nalgene works best. Bladders ok but less appealing.

___Sunscreen, 30SPF minimum

_Lipscreen

_Camera

__Snacks, about 1800 calories for the day. Sandwich, candy bars, and trail mix work well, bring what tastes good to you.

___Spare door and ignition key, for groups carpooling.

PPAS 1605