

Alpine Rock Climbing Pikes Peak and RMNP Gear List

The gear on this list is <u>required</u>. If you have any questions about this list or the gear on it, please contact our office or your guide for advice. <u>Mountain Chalet</u> or <u>Mountain Equipment Recycler</u> here in Colorado Springs are great resources for knowledge and product selection. PPAS also rents most gear (not clothing) on this list.

719-368-9524 info@pikespeakalpineschool.com

Climbing gear:

- Climbing helmet.
- Climbing harness.
- __Climbing shoes, comfortable all day shoes.
- __Belay device. (ATC)
- _Locking carabiners (2), pear shaped is best.
- ___120cm nylon sling.

Clothing and footwear:

- ___Pants, for rock climbing. We will be at higher elevations and the temps are typically cooler. Light softshell are best.
- _Insulation layer (top), an extra layer for cool mornings or adverse weather.
- __Rain jacket. Rain pants may be required for some climbs and forecasts.
- ___Approach shoes. For some early season alpine rock climbs crampon compatible boots may be required.

Headwear:

- Ball Cap or Visor, sun protection for the hike in and out.
- __Sunglasses with wraparound sun and wind protection.
- __Beanie stocking cap. Buff is acceptable in place of beanie.
- Buff (neck gaiter, optional). I recommend buffs for their versatility year-round.

Handwear:

___Light pair of gloves. Leather belay gloves are nice.

Other gear:

___20-25L Backpack, make sure your gear fits in pack prior to climb. We may climb the route with this pack so make sure its petit and fits well.

___2L water bottles leak-proof bottle like Nalgene works best. Bladders ok.

- ___Sunscreen, 30SPF minimum
- __Lipscreen
- __Camera

__Snacks, about 1300 calories for the day. Sandwich, candy bars, and trail mix work well, bring what tastes good to you.

___Spare door and ignition key, for groups carpooling.

PPAS 1605