



Rock Climbing summer.

The gear on this list is required. If you have any questions about this list or the gear on it, please contact our office or your guide for advice. Mountain Chalet, REI, Mountain Equipment Recycler or Gearonimo here in Colorado Springs are great resources for knowledge and product selection. PPAS also rents most gear (not clothing) on this list.

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Climbing gear:

- *Climbing helmet.
- *Climbing harness.
- *Climbing shoes.
- *Belay device.

*Included, but please bring your gear if you own them.

Clothing:

- Pants or shorts, I prefer pants for rock climbing.
- Insulation layer, an extra layer for cool mornings or adverse weather. (optional based on weather forecast)
- Rain jacket. This serves as an extra layer for cool mornings.

Headwear:

- Ball Cap or Visor, sun protection for your face.
- Sunglasses with wraparound sun and wind protection.

Footwear:

- Closed toe athletic shoes. Approach shoes with sticky rubber if you have them.

Handwear:

- Belay gloves if you own them. (optional)

Other gear:

- 25L (small) Backpack, make sure your gear fits in pack prior to course day.
- (1-2) 1L water bottles leak-proof bottle like Nalgene works best. Bladders ok but less appealing. (2L for full day).
- Sunscreen, 30SPF minimum
- Lipscreen
- Camera
- Snacks, about 1000 calories for the day. Sandwich, candy bars, and trail mix work well, bring what tastes good to you.
- Spare door and ignition key, for groups carpooling.