

Ski & Split-board Tour.

The gear on this list is <u>required</u>. If you have any questions about this list or the gear on it, please contact our office or your guide for advice. <u>Mountain Chalet</u> or <u>Mountain Equipment Recycler</u> here in Colorado Springs are great resources for knowledge and product selection. PPAS also rents most gear (not clothing) on this list. Split-boards can be rented from PPAS.

719-368-9524 info@pikespeakalpineschool.com

Ski gear:

__Alpine Touring (AT) skis, Splitboard, Telemark-skis.

_Climbing Skins.

- __Adjustable Ski Poles, required for all backcountry tours.
- ____Ski Strap, rubberized strap for strapping skis together for transport on pack or in the car with skins on.

Saftey gear:

- *Avalanche Transceiver. Digital beacon transmitting on 457 kHz.
- __*Probe. Collapsible probe made of aluminum or carbon fiber.
- __*Shovel. Aluminum shovel (not plastic) designed for backcountry use.
- __Avalung and/or Airbag (optional).
- ___Ski Helmet, for descents (optional, but recommended, be sure you can fit in, or carry securely on backpack).
- ___Spare door and ignition key, for groups carpooling.

*included but bring your own if you have them.

Footwear:

- ____Ski Boots, Snowboard Boots or Tele Boots. Make sure cuff of pants fits over boots.
- __Wool or synthetic socks. No cotton.
- __Liner sock. This is a personal preference, not required.

Clothing (all to be wool or synthetic):

- Base Layer, long underwear, top and bottoms.
- _Insulation Layer, Softshell Pants and Jacket. Fleece is ok if you have hardshell outerlayer.
- ___Hardshell (full side zip) pants and Jacket with hood.
- _Insulated "puffy" Jacket w/ hood. Down or Synthetic. Make sure it fits over all other layers combined.

Headwear:

- ____Ski Helmet (optional, but recommended, be sure you can fit or carry securely on backpack)
- ___Synthetic or wool hat (beanie)
- __Buff or neck gaiter. I highly recommend buffs for their versatility.
- __Glacier glasses, sunglasses with dark lens' and wraparound sun and wind protection.
- __Googles, dark lens'.
- ___Visor hat (optional).

Handwear:

- Liner glove
- __Softshell glove, water and wind resistant.
- ___Waterproof glove or mitten.
- __Two pairs of gloves/mitts minimum.

Other gear:

- __25-35L Backpack, make sure your gear (including shovel blade and probe) fits in pack prior to day tour.
- __1L waterbottle (2L max), leakproof bottle like Nalgene works best. I like to bring (2) ½L Thermos' with warm drinks for the cold days.
- ___Sunscreen, 30SPF minimum
- _Lipscreen
- __Camera
- ___Snacks, about 1000 calories for the day. Sandwich, candy bars,and trailmix work well, bring what tastes good to you.